

ACCOMMODATION

Various housing possibilities are available in Clermont-Ferrand:

MOVERSIA

The Clermont Graduate School of Management works with a partner welcoming agency 'MOVERSIA' which was founded by a former student of the school. Moversia offers practical and personalized services to international students to help them to settle in Clermont by finding them suitable accommodation and helping them with all the paperwork, and various other practical matters (getting the electricity hooked up).. You can find more details about this 'Welcome Package' at <http://www.welcomeclermont.com/>

The « Welcome Package » from Moversia:

This complete service covers 100% of your practical housing requirements. The Moversia Welcome package enables you to reassure your family that you will have suitable housing when you arrive.

- Housing: Pre-arrival housing search according to your wishes and housing availability on the local market. The follow-up of the housing search is communicated by email (photos sent by email).
- Administrative Management : Moversia helps you with all the administrative requirements for housing (Electricity contract, gaz contract, housing lease , housing insurance, CAF et APL (application for French government housing aids)
- Pick-up at the station or airport (during working hours)
- Opening a French bank account (totally necessary to obtain the CAF housing benefit, have access to the Internet, gaz, and electricity)
- Practical support: Moversia helps you with daily advice (installing internet at home, getting a mobile phone...), helping you to get the best deal amongst the ones available. Personalized assistance with various problems, matters.

NB: The following website is free and advertises private apartments for rent www.moversia.fr

STUDENTS LOOKING FOR THEIR OWN ACCOMMODATION

If you prefer to find a room or an apartment by yourself, you should plan to arrive at least several days before the beginning of term. It usually takes about a week to find an apartment. It may prove to be more difficult for someone who speaks very little French.

The international office can reserve temporary accommodation for you for the first few nights upon request. Please give specific details of your date and time of arrival and how many nights (1 night in a residence or hostel can cost around 25 euros per night depending on what is available - hotels are around 60 euros per night). Please note: The international office cannot help you with your permanent housing search, nor with administrative matters (gas, electricity contracts etc).

Where to search?

- Local private apartments for rent: www.moversia.fr :
- Student City Housing Service « Service logement en ville », CROUS 25 rue Etienne Dolet, 63000 Clermont-Ferrand <http://www.crous-clermont.fr> This service has a list of addresses of privately rented apartments or rooms. Opening hours: 9h00/ 11h45 - 13h30/16h30 (Addresses will not be given over the phone)
- O.S.E. Point Logement Recent student apartment block with services run by a non-profit-making student's association: Centre Viaduc, 63 Bd Côte Blatin, 63038 Clermont-Ferrand 0033473351695

Websites

- http://www.centreimmo.com/annonces_immobilierees/clermont-ferrand_immobilier.html
- <http://www.clermont-ferrand.fr/-Accommodation-.html>
- http://www.mapiaule.com/annuaire_logement.php?id_ville=10&id_categ=19
- <http://www.espaceinfojeunes.net/accueil.php>
- <https://www.studentmundial.com/>
- <http://www.leboncoin.fr/>

Small newspaper ads

- L'Info (free newspaper) available at the beginning of the week: L'Info, 7 Place de Jaude, 63000 Clermont-Ferrand
- Paru Vendu <http://www.paruvendu.fr/immobilier/>

Students usually look for “studios” or “fully furnished single flats” (F1). A furnished two-roomed apartment (F2 meublé) could be shared by two or more students depending on the number of beds and the size of the flat. Some useful questions to ask when calling landlords:

- Is the room an F1 (one-bedroomed) or F2 (one-bedroomed with separate kitchen or two-bedroomed) – How many rooms?
- Is the flat furnished or empty
- Is the heating electric or gas (gas being the cheapest form of heating)
- Cost of monthly rent
- Is there an extra bill to pay on top of the rent – generally referred to a ‘charges’ which can cover a variety of things such as heating, electricity, cleaning the staircase, fixing the lift etc.
- Approximate distance from the town centre (on foot/ by car)
- Is there a deposit / or agency fees?

Glossary of French housing terms

- STUDIO - usually a one-roomed flat with a bathroom/toilet
- F1 - kitchen with living room which converts to a bedroom plus toilet & bathroom
- F2 kitchen, bedroom and bathroom are usually all separate plus
- Meublé - furnished
- non meublé avec kitchenette - a fully equipped kitchen but no other furniture
- Chauffage collectif - all flats in the building are heated together and heating expenses are included in the extra charges on top of rent
- Chauffage Individuel - the lodger contacts the electricity & gas company him/herself to have the gas or electricity switched on / bills usually arrive once every other month

- Les Charges - Extra costs which are not included in the rent and can include varied list of items such as cleaning and upkeep of apartment building / lift repairs/'collective' heating /upkeep of gardens around the building/ water rates/ car park / garage / cellar etc etc...

N.B. Once you have found your apartment, you will have to sign the lease with the owner in which the following should be clearly stated ; monthly rent, total deposit, any extra monthly costs or 'charges' (hallway & landing cleaning, repairs, water, and sometimes heating), how many months' notice is required, should be clearly described. Read the lease thoroughly to avoid any surprises such as who pays the annual gas heater maintenance fee! Before you move into your room, another very important document (Etat des Lieux) will be drawn up between the owner and tenant in which the general condition of the apartment and its equipment should be clearly described. Anything in bad shape or in need of repair should be noted on this document (dripping taps, floor stains, ripped wallpaper, number of holes in the wall. If something is overlooked, the tenant must quickly inform the owner in writing to avoid being asked to pay for something unjustified or totally lose his or her deposit. A tenant can also lose his/her deposit if the apartment is not thoroughly cleaned before he/she moves out.

PRIVATE RESIDENCES AND YOUTH HOSTELS (TEMPORARY ACCOMMODATION AS WELL AS PERMANENT ACCOMMODATION)

Foyer Home Dome
12 place de Regensburg
63000 Clermont-Ferrand
0033473294070
<http://homedome.fr/>

The Foyer Home Dôme which is a privately-run young people's housing residence. It is comprised of two blocks of flats which are situated in the town centre. The Home Dôme has a total of 360 individual rooms (similar to those in student halls of residence) and 32 studios with two to three beds in each. Toilets / showers and telephones are available on each level and there is a self-service restaurant which caters for up to 400.

On arrival you will need to provide the following documents:

- Certificate of enrollment at our institution
- 3 passport photos
- Photocopy of passport

The monthly rent is approximately 420€. Residents pay 4 euros for a complete meal in the refectory. Bookings can also be made at the Foyer Home Dôme for a few days whilst you look for an apartment or for the complete academic year. A full year contract is legally binding. If you leave the room before the expiration of the lease, you could lose your initial deposit. A room for one night will cost 28 euros and then 23€per night for a stay of a minimum of 3 nights and 21 euros per night for a stay of more than 4 nights.

Foyer Bon Pasteur

10 rue de Bon Pasteur
63000 Clermont-Ferrand
0033473984900

This larger residence, very similar in organization and price to the Foyer Chavarot (above), used to be a convent. It's a beautiful historic building close to the business school which also rents some of its classrooms there. Again most of the rooms are reserved for girls. The only drawback to this residence is that it has rather strict rules with regard to noise and visitors which may seem a little too restrictive to young people. Students must take at least one meal there per day. Rooms may also be reserved for a few days.

Studea Clermont

25, rue Delabre/28 avenue de Grande Bretagne
63000 Clermont-Ferrand
<http://www.lamy-residences.fr/residences-etudiantes/studea.html>

This residence is a 5 minute walk from the School and the city center. It is a small residence (you have to reserve well ahead of time to obtain a room).

Corum St Jean

17 rue Gaultier de Biauzat
63000 Clermont-Ferrand
0033473315700
<http://www.corumsaintjean.fr/>

Small flats / rooms can be rented for the full academic year in one of the three residences. Rooms must be reserved very early (in the summer) to guarantee a room. This foyer is closer to the center of town – about 15 minutes' walk from the school (Close to Place Gaillard). The Foyer has modern facilities. Various meal plans are proposed. Prices depend on meal plans and whether rooms are individual or shared.

Maison d'étudiants Chavarot

8 rue de Lezoux
63000 Clermont-Ferrand
0033473996300 / fax 0033473996363
maison.chavarot@wanadoo.fr
<http://www.unme-asso.com/html/frameset.html>

This small residence run by an association (mainly for girls – they can take up to 3 or 4 boys) is very close to the school (5 minutes walk). Full board including rent & all meals costs around 422-462€ per month. Rooms vary in size and cost and are adequately equipped with a bed, table, chair, shelves, wardrobe and a separate toilet & washbasin. Showers are shared on the same floor. The main advantage of this residence is its proximity to the school and its warm family atmosphere and traditional cookery. (Half-Board = compulsory)

Résidence le Rabelais

<http://www.trouvetonlogement.com/residence-etudiante-clermont-ferrand/le-rabelais-7.html>
rabelais@residences-ose.com

Rent is approximately 410 € per month all charges inclusive, except electricity (average 25 € per month). Residents can also benefit from the APL (housing aid of approximately 170€ per month). The deposit is 1 month's rent without charges – approximately 350 euros. An administrative fee is also to be paid (50 – 60€).

This residence is located at 23 bd Pochet Lagaye à Clermont-Ferrand. It is close to the centre of town and easily accessible by public transport.

This residence offers studios from 18 - 25m² fully furnished with a bed, table, 2 chairs, wardrobe, shelving, kitchen area, bed, fridge-freezer, stove, and bathroom with bath, toilets, sink and mirror.

Communal facilities are as follows:

Reception desk remains all week, permanent staff in case of problem

Security code on door and interphone connected to each apartment;

Free car park and bicycle storage facilities;

Common room open from 7h to 22h30 with washing facilities (Washer & dryer), study room, fitness room, table tennis, telephone, television et relaxation lounge ;

Internet and wifi throughout the residence

Rent is approximately 410 € per month all charges inclusive, except electricity (average 25 € per month). Residents can also benefit from the APL (housing aid of approximately 170€ per month).

The deposit is 1 month's rent without charges – approximately 350 euros. An administrative fee is also to be paid (50 – 60€).

WARNING! Do not forget to insure your apartment for the complete period. You should insure your flat in case of fire, flooding, theft etc. - Either check with the CROUS' housing service or contact the Mutuelles Etudiants or banks which have low rates for students.

Reasonably priced hotels

- <http://www.hotels-clermont.com/> - <http://www.tourisme.fr/office-de-tourisme/clermont-ferrand/clermont-ferrand-hotel.htm>
- http://www.nomadeo.com/fr/residence/residence_liste.php?ville_mere=CLERMONT-FERRAND

A more detailed list of hotels, please check the above websites

- Hôtel Deux Avenues 4 Av. de la Republique, 0033473923752
- Hôtel Bellevue 1 Av de l'Union Soviétique, 0033473924312
- Hôtel Ravel 8 Rue Maringues, 0033473915153
- Hôtel Formule Rue Pierre Boulanger, ZI Brezet, 0033473923200
- Hôtel du Lycée 8 Avenue Carnot, 0033473926771
- Petite Vitesse 63 Avenue de l'Union Soviétique, 0033473913641
- Hôtel Albert Elisabeth 37 Ave Albert Elisabeth, 0033473924741

ALS – Aide au Logement Sociale

Your rent may be significantly reduced by claiming for the housing benefit called ALS. To be eligible you must deal with all of your other administrative formalities first! (Residency permit, bank account etc). However once your claim is accepted you will receive back-payments. ALS housing benefit can be claimed on the CAF:

Caisse d'Allocations Familiales

BP 100, Rue Pélissier,
63032 Clermont-Ferrand.
www.CAF.fr

The Student Associations can help you with your ALS applications at the beginning of the year.

Documents required to apply for the ALS housing benefit:

- ALS application (available on the www.caf.fr website)
- official details of bank account (to have the payments directly transferred to your account)
- proof of income for the previous two years or scholarship
- School enrollment certificate
- photocopy of passport
- photocopy of residency permit (obligatory)
- Copy of birth certificate translated into French

Please note that it is not possible to ask for the ALS if you stay only 1 semester.

VISA AND RESIDENCE PERMIT

VISA

European Union Citizens

Do not require a visa to enter France. A valid ID card or passport is sufficient.

Non-European Union students

For a study period of over three months in France, non-EU students have to apply for a visa.

- Students from countries listed below:

Algeria	Lebanon
Argentina	Madagascar
Benin	Mali
Brazil	Mauritius
Burkina-Faso	Mexico
Cameroun	Morocco
Chile	Peru
China	Russia
Colombia	Senegal
Congo-Brazzaville	Syria
Gabon	Taiwan
Guinea	Tunisia
India	Turkey
Ivory Coast	USA
Japan	Vietnam
Korea	

must register through the following CEF, CAMPUSFRANCE procedure before applying for their visa:

If you are from one of the countries listed above, it is mandatory to register online on www.campusfrance.org in order to begin the visa procedure. You are required to pay for this registration.

On the website, you will be required to create your own personal file and then tick ESC as your chosen school. Then, you will be required to have an appointment with CampusFrance who will review your application. If your file is accepted, you will then be able to proceed to apply for the visa at the French consulate.

Please visit the website in order to find out more about this process and contact the International Office directly if you need more information about CampusFrance or if you have problems (or questions) using the system.

- Students from other non-European countries

Must apply for the visa directly with the French Consulate in their country.

VISAS DELIVERED BY FRENCH CONSULATES

Non-European students need to apply for a long-stay visa (VLS) through the French Consulate in their home country. You must not apply for a tourist visa. There are different types of visa which may be granted to Non-European students:

- Visa D – Dispensé temporaire de carte de séjour (Not required to apply for a residence permit)

Students with this visa are not required to apply for an additional resident permit in France. However, if they want to extend their study in France, it is not possible to renew it whilst in France, they must leave France and request another visa.

- Visa D – CESEDA R311-3-6 Autorisé travail limité 60% durée légale

Most non-European students receive this visa. In this case the French Consulate will issue a form called “Visa de long séjour – demande d’attestation OFII” (OFII = Office Français de l’Immigration et de l’Intégration – *French Immigration Office*). It is imperative to bring this stamped document (duly completed) with your passport to ESC at your arrival.

Soon after your arrival in France, the International Office will help you send this document to the OFII in Clermont and you will be summoned to a medical examination (lung X-ray and medical visit). The last step of this procedure is an appointment at the OFII where you will have your visa validated by a yellow sticker.

Please bear in mind that travelling outside France is not possible until your visa has been fully validated (please check with the Consulate as to whether or not you will be eligible to visit other countries). Once validated by the OFII, this visa gives the student the same rights as the residence permit (carte de séjour), which it replaces.

- Visa D - Carte de séjour à solliciter dans les 2 mois suivants l’arrivée en France

This visa, only valid for 3 months, is now rarely given by French Consulates as it was issued under the former legislation which is no longer active.

However, if you obtain this visa, you will need to apply for a residence permit (Carte de séjour). Here is the procedure to follow:

RESIDENCE PERMIT

You will have to fill in a form (available in the International Office) and bring to the following documents:

From August to November : You have to take your documents to the “Espace Accueil Etudiant (EAE)”, located 30 rue Etienne Dolet from 2.00 to 4.30 pm

The rest of the year: You can bring the documents to the Student office (Fabienne MARDON)

- Valid passport
- Birth certificate translated into French
- Entry Visa

- Medical Check up application form
- Proof of address
- Resources (you must prove that you have at least 650€ per month or 7800€ for the year to support yourself)
- Written proof that you are pre enrolled or enrolled in ESC Campus Clermont
- Course of study attended the previous year in France (if you were in France last year)
- 2 stamped addresses envelopes
- 4 identical passport photos (taken against a light colored background but no white, full front view of face,...)

If you have any questions concerning supporting documents, do not hesitate to see Audrey.
After gathering all these documents, the steps are the following:

In the EAE:

1. The student brings the complete application with photocopies of all required documents (NB photos and medical visit form should be originals)
2. Student signs the 'CERFA' form in black (signature well in box – no overlapping) - in box next to photo on the "Demande de titre de séjour" side of the form
3. An agent from the prefecture will be on the EAE from Monday to Friday between 2.00 and 4.30, this agent will check your documents and take your fingerprints.
4. The Prefecture sends the 'RECIPISSÉ DE CARTE DE SEJOUR" or temporary cards to the student
5. The Prefecture summons the student in order to hand over the "carte de séjour".

In the student Office:

1. The student brings the complete application with photocopies of all required documents (NB photos and medical visit form should be originals)
2. Student signs the 'CERFA' form in black (signature well in box – no overlapping) - in box next to photo on the "Demande de titre de séjour" side of the form
3. The International Office takes the applications to the prefecture every Friday. Students must hand in their applications to the International Office by Thursday afternoon before 3PM.
4. The Prefecture sends the 'RECIPISSÉ DE CARTE DE SEJOUR" or temporary cards to the student
5. The Prefecture summons the student in order to take fingerprints and to hand over the "carte de séjour".

CITY LIFE

CLERMONT-FERRAND



Clermont-Ferrand sits on the plain of Limagne in the Massif Central and is surrounded by a major industrial area. The city is famous for the chain of volcanoes, the Chaîne des Puys surrounding it. The famous dormant volcano Puy-de-Dôme (10 km from the city) is one of the highest of these and well known for the telecommunication antennas that sit on its top and are visible from far away.

Clermont-Ferrand is also famous for hosting the Clermont-Ferrand International Short Film Festival, one of the world's leading international festivals for short films, the Festival du Court Metrage de Clermont-Ferrand, as well as the corporate headquarters of Michelin, the global tyre company created more than 100 years ago in the city.

The city of Clermont is located in the Auvergne region. This is an outstandingly unspoilt area in the Massif Central. Leisure activities include skiing, hiking, biking, windsurfing and hang-gliding. Clermont-Ferrand is located 380 km from the south of Paris. Clermont is a dynamic city (International short film festival, international music festivals, theatre, concerts, etc....)
The greater metropolitan area comprises:

460 759	Population (city and suburbs)
40 000	Students
4 500	International Students
6	Grandes Ecoles' Graduate Schools of Engineering & 1 Graduate School of Management (ESC)
2	Major Universities
6 000	Full-time Researchers
300	Sports Associations and clubs
15 000	Companies (Michelin, Cap Gemini, Airbus, IBM....)

TRANSPORT TO CLERMONT

Clermont-Ferrand is in the heart of France:

Car

Approx. 3.5/4
hours' drive from
Paris – A71
Motorway
Lyon – A72 (2
hours)
Montpellier - A75
(3 hours)

Train

Departures from
the Bercy Train
Station in Paris –
3.5 hours
Tickets can be
booked directly on
the SNCF (French
rail travel) website

Plane

Clermont-Ferrand -
CFE is on the
outskirts of the city
– about 20
minutes' drive
from the center (by
bus or taxi)

Please plan to arrive on a week day during the daytime when offices, agencies and shops will be open.

OTHER USEFUL INFORMATION

THE SCHOOL

Address: Group ESC Clermont, 4 Bd Trudaine, 63037 Clermont-Ferrand Cedex, France



The Trudaine Campus is located in a downtown campus, close to the historic medieval center. There are two main buildings and one annex. Access to the school is controlled through an electronic badge system. This allows students and staff to enter the main building at any time 24 hours a day, 7 days a

week. In this way we are able to make full use of the computer laboratories, classrooms, study rooms, student association offices, and leisure and sports facilities.

The school buildings comprise around 100,000 square feet (9000 square meters). Approximately half the space is devoted to teaching areas accommodating groups ranging from 8 to 400 participants in large and small classrooms, small rooms for group work, amphitheatres and one large auditorium. In 2002 the school rented a further 6,600 square feet (600 square meters) for teaching rooms in a nearby historic building, with an option to purchase an additional 50,000 square feet (4,500 square meters). This was done in anticipation of future expansion in the coming years.

MEALS

ESC Campus Clermont has a small cafeteria on the ground floor (back entrance). This is open during the morning, lunch and afternoon break times. The cafeteria sells hot and cold drinks, snacks and sandwiches. If you would like to eat a complete meal you can visit one of the student refectories.

There is a wide choice in Clermont. A full list is available at: <http://www.crous-clermont.fr> A complete meal can cost as little as 3 euros.

Students restaurants :

- Kiosque – La Ronde des Saveurs (located in the main CROUS building), 25 rue Etienne Dolet, 63037 Clermont-Ferrand. Open from Monday to Friday from 7.30 – 15.30
- University Refectory (RU Philippe Lebon), 28 bd Philippe Lebon, 28 Bd cote Blatin, 63000 Clermont-Ferrand. Located in the residence Philippe Lebon, this university restaurant is close to all the main university buildings. 2 main meals are offered per day (meat or fish) and 3 side-dishes. Open from Monday to Thursday 11.30 – 13.30 and 18.30 – 20.00 and Fridays 11.30 – 13.30.
- University Refectory (RU Le Cratère), 26 avenue Léon Blum, 63000 Clermont-Ferrand. The university restaurant Le Cratère has two counters. One offers a traditional meal of the day and the other grilled food and pizzas. Open from Monday to Friday 11.30 – 13.30.
- Italian Restaurant ‘La Serre’, 29 Bd Gergovie, rue Philippe Lebon, Impasse Paul Lapie, 63000 Clermont-Ferrand. Located in an immense ‘greenhouse building’ in the Faculty of Arts, Social Sciences and Humanities. Open from Mondays to Fridays from 11.30-13.30.
- Cafeteria, ‘Le Manège’ is the closest to the School, 11 rue d’Amboise, 63000 Clermont-Ferrand. You can buy the meal of the day for 3 euros, as well as snacks, hot sandwiches, yoghurts, cakes, hot and cold drinks. Open from Mondays to Fridays 11.30-13.30 (for the main lunch of the day) and from 8.30 – 16.00 for snacks and drinks.

Grocery shopping:

Centre of Clermont:

- Intermarché, rue Fontgiève, Clermont-Fd
- Leader Price, avenue d'Italie, Clermont-Fd (good quality own-brand products at low prices !)
- Casino, place des Salins, Clermont-Ferrand
- Simply Market, bd Côte Blatin (under the Viaduct), Clermont-Ferrand
- Carrefour Market, 11 rue barrière de Jaude, 63000 Clermont-Ferrand

Hypermarkets & shopping centers:

- Géant, bd St Jean Z.I. Brézet - (ligne T2c No. 10A) bus route 10A (direction Aulnat)
- Auchan Plein Sud, 63170 Aubière, avenue Jean Moulin (ligne T2c No.13) bus n°13 (direction Pérignat)
- Leclerc Lapardieu, Take the tramway in the direction of Lapardieu (tram stop Fontaine du Bac) – you have to walk a little but this is probably the cheapest of all the hypermarkets.
http://www.t2c.fr/sites/www.t2c.fr/files/PDF/Plans_des_lignes/Ligne_A_hiver.pdf

MEDICAL FACILITIES - HEALTH & MEDICAL CARE

A student medical service can be found at the CROUS (Please telephone beforehand to request an appointment), Médecine Préventive (Pavillon B - Rez-de-Chaussée), 25 Rue Etienne Dolet, 63000 Clermont-Ferrand 0033473932988

The following services are available to students:

- a general practitioner
- a social service for students
- psychologist

- a gynaecologist - (contraception, check-up)
- family planning service & advice
- vaccination service
- sick bay - minor injuries / first –aid

You will be required to pay for a consultation with a general practitioner. The cost of an appointment is currently 23€. The doctor will give you a form to fill out in order to be reimbursed by the social security or your private health insurance. The international office can help you to make an appointment with an English speaking doctor.

You will also be asked to take a free medical exam (at the CROUS medical service) to complete your file: S.S.I.U. (Service de Santé Inter-Universitaire), CROUS – bât B, 25 Rue Etienne Dolet, 63000 Clermont-Ferrand, 0033473932988

A - Z OF USEFUL INFORMATION DURING YOUR STAY

Alcohol

ESC is an alcohol-free establishment. However, consumption of beer or other low-alcohol drinks is tolerated (under 5°). Strong alcohol and spirits are forbidden.

Books

Professors usually hand out relevant course materials during their classes. These course materials are also available on the school's Intranet. We do not ask students to buy their own books. They can borrow them from the "Infothèque" library.

Where to buy books in the city centre?

- FNAC books, music, concert tickets & computers & hi-fi) Centre Jaude - 2e étage (2nd floor of the Centre Jaude shopping centre)
- Librairie "Les Volcans", University Bookstore Bd François Mitterand (opposite the bus station)
- GILBERT – Avenue des Etats-Unis (you can find second-hand books here)

Bus and Tramway

Clermont has a good transportation network. One ticket is 1.40€. Tickets and cards can be purchased from a newsagents called "Tabac-presse". You can also get schedules & tickets at "T2C – 17 Boulevard Robert Schumann – 0033473285656

For more information, you can visit the website : www.t2c.fr

Cinemas

There are student rates when you show your student card

- Ciné Jaude Jaude shopping center (top floor)
- Ciné Capitole Place de Jaude
- Les Ambiances (films in original language) – 7 rue St Dominique

Climate

It often rains in Clermont during autumn & winter and it can be cold. Remember to bring warm clothing. Summers may also sometimes be hot (30-35°C). Please note that air-conditioning in France is not as popular and as frequent as in North America.

Dates

Dates in France are written in the following order: day/month/year.

Disabled students

If you request special measures for exams, please Inform Audrey Villerette Audrey.villerette@france-bs.com before your arrival

Driving in France

If you have a valid driving licence, you can drive a car in France. It is compulsory for both drivers *and* passengers in the front and the back seats of cars to have their safety belts fastened when moving. Drivers must not drink and drive. If you have more than 0.5g in alcohol your blood when driving, you will face serious punishment.

Dry-cleaning & Launderettes

You can find a convenient launderette opposite the Business School or in Rue du Port (close to the school), other useful addresses:

- Laverie automatique - 10 rue Sainte Antoine, open 7am – 9pm 7 days a week
- Le Lavomatique self-service - 2 rue Gregoire de Tours, open daily from 7am to 8pm. A washing machine and dryer are available in the students union Read the latest edition of the Guide Pratique' brochure available from the tourist office.

Washing facilities are also available in the school next to the students union. However only 1 machine and dryer available.

Electricity The current is 220 volts. The outlets or plugs might differ from what you are used to. Hence, in order to use electrical equipment you may have to use an adapter and/or converter.

Electricity is generally included in the rent for most of the accommodation proposed by the school. However, occasionally, there are electricity meters that give details of the electricity consumption. In this case, you will have to pay the bill separately from the rent. Careful, electricity is expensive in France and you will be asked to regularise your electricity bill at the end of your stay! In order to pay the bill, you need to register with the Electricity Board and put the account into your name. For any specific questions concerning bills, you can go to EDF Le Brezet 0033473910008) However, we advise you to go there with a French-speaking person as people may not speak English there.

Emergency Services When seriously ill outside of regular doctors' hours, you will need to go to one of the local hospital emergency wards ("Les Urgences").

Centre Hospitalier Universitaire CHU Gabriel Montpied
58 Rue Montalembert
63000 Clermont-Ferrand
0043373750750

15: free call for the emergency service (SAMU)

17: free call for the police

18: free call for the fire brigade

112: free call for European emergency service

Pharmacy

You will have no difficulties in finding a pharmacy in the city centre of Clermont. Pharmacists can give you advice if you have a minor health problem. Always ask for a receipt when you buy medicine even though you might not be reimbursed back in your country. The **Pharmacie Ducher** is opened 24 hours, it is located in front of the school : 1 Place Delille

Post office

Postage stamps, international money orders, telephone cards, post office current accounts, parcels etc

St Eloy – Central post office - Rue Maurice Busset, 63000 Clermont-Ferrand
Gaillard - Place Gaillard, 63000 Clermont-Ferrand
Delille – between place Delille & train station (rue de Maringues)

Smoking

It is now forbidden to smoke in all public areas in France.

You may smoke in the courtyard next to the cafeteria but it is forbidden to smoke in the school buildings.

Sustainable Development at ESC

You will notice that there are different containers in the buildings of the school to sort the trash/rubbish (papers, plastic, batteries, glass etc.). Staff and students are required to use these containers.

Swimming pools

- Stade Nautique Coubertin, (close to the bus station/ gare routière) Indoor & Outdoor swimming pools, paddling pool, diving boards, sauna (student rates)
- Chamalières (Piscine Municipale des Hautes Roches, Rue Paul Lapie, 63400 Chamalières 2 pools, wave pool and water slide)

Sports & Leisure Activities

- SUAPS – 15 bis rue poncillon, 63000 Clermont-Ferrand 04.73.29.32.01
- Fédération Nationale du Sport Universitaire, Complexe Sportif des Cézeaux. 04.73.40.70.34
- Bureau des sports (BDS) ESC
- STADIUMS - Stade Philippe Marcombes, 121 Avenue de la Libération, 04.73.93.45.52
- Stade Universitaire, 15 bis Rue Poncillon, 04.73.93.24.18
- Maison des Sports, Place des Bughes 04.73.92.17.05
- Gymnase Honoré & Jean Fleury, Place de Coubertin 04.73.93.22.60
- Gymnase Anatole France, Rue Anatole France, 04.73.92.13.27
- Sports Facilities are also available in the school, exercise machines, tennis/ basketball court – contact the Bureau des Sports for us

Telephone

MOVERSIA or even International Way usually help students if they want to buy a mobile phone when they arrive in Clermont. Many students only buy a French SIM card (30 €) & prepaid credits (15€/month).

How to ring abroad?

00 followed by the country's international code (which can be found on the internet <http://www.telephone-fr.com/indicatif-telephone.htm>):

Remember that you often drop the first 0 of the regular telephone number when ringing abroad.

If you are looking for a phone number in France you can visit <http://www.pagesjaunes.fr> (for a company) or <http://www.pagesblanches.fr> (for a person). You can also dial 118 008 in order to speak to an operator.

Theatre, concerts & shows

You can find our “what’s on” in Clermont-Ferrand from the monthly magazine “Le mois” available from the tourist office or from the FNAC record & book store in the Centre Jaude shopping centre where you can also purchase tickets.

- Opéra Municipal, Bd Desaix
- Maison des Congrès et de la Culture, Entrée principale, Bd F. Mitterrand
- Maison du Peuple: - Place de la Liberté

Tourism

Free documents available from the Tourist Office – Place de la Victoire. Plenty of useful guides and maps are available at the tourist office desk.

WORLDTOP Association

WORLDTOP is an association of Clermont families interested in meeting international students. This association organizes activities and get-togethers between students from all around the world to give international students the opportunity to discover other cultures and immerse them in a multicultural context. It also enables students to exchange linguistic knowledge and develop long-lasting relations.

A meal with family or friends, a ride out or a tour of the region...there are 1000 ways to share and communicate... You will be informed regularly of all activities and events organised by this association by the international office (emails sent to your school address)

World Top: 33, cours Sablon, 63000 Clermont-Ferrand worldtopcf@yahoo.fr, www.worldtop.fr, 04 73 14 19 30

USEFUL WEBSITES

- The city of Clermont: - <http://www.t2c.fr/> (local transports)
- <http://www.ville-clermont-ferrand.fr> (tourist office)
- <http://www.cr-auvergne.fr> (regional tourism)
- Train - www.voyages-sncf.com
- www.lmde.com
- Student health insurances: - www.smerra.fr
- www.travelexpat.com
- Clermont student services website: - www.crous-clermont.fr